



# Avoid Bed Bugs at the Laundromat

*Bed bugs can hitchhike from home to home through laundromats. Here are some tips to help you keep bed bugs from getting into your clean clothes.*

## Protect Dirty Clothes

- Unpack clothes from sealed plastic bags or laundry bags directly into the washer.
- Wash and dry cloth laundry bags with clothes.

## Use Heat

- Wash and dry at hottest temperature fabric can withstand.

## Laundry Baskets

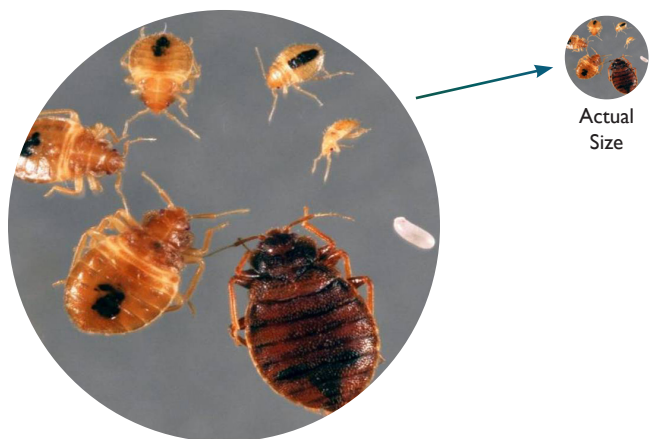
- Check for bed bugs before use.
- Don't set baskets on the floor or near seats.

## Tables

- Check for bed bugs before using to fold clean laundry; or
- Bag clean laundry and fold it at home.

## Seats

- Inspect for bed bugs before sitting down.



## Identification is Key!

## If You Think You've Found Bed Bugs...

- Don't panic. Catch one in a clear zip-top bag for identification.
- Notify the laundromat management.
- Contact your local health department or tribal health office for assistance.
- Find helpful information at [epa.gov/bedbugs](http://epa.gov/bedbugs).

Bed bugs are not a sign of unhealthy living conditions. We can unknowingly bring them home in clothes and other items.

